

FOOD PARCELS

Feeding the hungry in your local area

For some of the recipients we meet here at The Besom, being to enjoy the comfort of a well-stocked kitchen cupboard is not attainable. Often good quality food and even the security of knowing that a square meal will be provided each day is far from a reality.

Imagine the difference it would make to at least have something to eat in the most desperate of times. The gift of food could provide an initial step towards healthier living and/or the perfect accompaniment to a new home.

Listed below are some suggestions:

- Pasta
- Rice
- Porridge
- Tinned Tomatoes
- Baked Beans
- Tinned Soup
- Pasta Sauces
- Other Cooking Sauces
- Condiments
- Tinned Vegetables
- Biscuits
- Cereal Bars
- Chocolate
- Boxes of Cereal
- Tinned Custard
- Tinned Rice Pudding
- Tinned Fruit
- Tea Bags
- Coffee
- Sugar
- Supermarket Gift Vouchers

Most of the people we help already have very low self-esteem. If we give them items labelled as 'value' it gives them the impression that they don't deserve any better, besides this is the quality of produce many of our recipients are used to making do with. Why not show them that God's love and provision are far more superior and so much more generous than that of the world.

